

## Mental Health Acronyms and Terms

*Terms used by the Alabama Department of Mental Health and Mental Retardation*

Anyone working with a mental illness program can be easily overwhelmed by the vast "alphabet soup" of organizations, government agencies and programs serving persons with mental illness. This glossary is an attempt to help you understand the some of the terms and concepts used in the corporate world of mental health in Alabama.

ABA	Applied Behavioral Analysis (Autism and MR)
ACCMHB	Alabama Council of Community Mental Health Boards
ACSIS	Alabama Community Services Information System
ACSW	Academy of Certified Social Workers
ACT teams	Assertive Community Treatment Teams
Acute	Recent onset of severe clinical symptoms of mental illness. OR Short-term psychiatric hospital.
ADA	Americans with Disabilities Act
ADAP	Alabama Disabilities Advocacy Program
ADC	Average Daily Census
Advocacy	The concept of mental health advocacy has been developed to promote the human rights of persons with mental disorders and to reduce stigma and discrimination.
AFT	Alabama Family Ties
AIMHS	(pronounced AIMS) Alabama Institute of Mental Health Services
AIMS	Abnormal Involuntary Movement Scale
ALDMH	Alabama Deafness and Mental Health. A yahoogroups listserv found at <a href="http://www.yahogroups.com">www.yahogroups.com</a> .
ALAEH	Alabama Alliance to End Homelessness
ALF	Assistive Living Facility
AllKids	A low-cost, healthcare coverage program for children under age 19. Benefits include well child check-ups and immunizations, sick child doctor visits, prescriptions, vision and dental care, hospitalization, mental health and substance abuse services, etc. This is the Alabama name for SCHIP.
ALMHI	Alabama Mental Health Interpreting. A yahoogroups listserv found at <a href="http://www.yahogroups.com">www.yahogroups.com</a> .
AMCC	Alabama Minority Consumer Council
AOP	Adult Outpatient Program
APA	American Psychiatric Association
APA	American Psychological Association
ARC	Association for Retarded Citizens
ARCH	Alabama Rural Coalition for the Homeless
ASAIS	Alabama Substance Abuse Information System
Bailey Consent Decree	Lawsuit settled in 2000. As a part of the Wyatt case, Bailey Consent Decree resulted in the establishment of services for the Deaf through DMH.
Bailey Deaf Unit (BDU)	An inpatient unit designed specifically for deaf individuals. Housed within Greil Hospital in Montgomery. Named for Verna Bailey, mother of a deaf mentally ill individual who pursued the lawsuit in conjunction with Alabama Association of the Deaf that resulted in the Bailey Consent Decree.
Blackboard	A forum for article discussions related to Mental Health and Deafness. URL is found at <a href="http://jsu.blackboard.com">http://jsu.blackboard.com</a> .

Block Grant	Community Development Block Grant Programs. Federal money for projects related to mentally ill consumers.
BMS Grant	Bristol Myers Squibb Foundation Grant
Bryce	Bryce Hospital (pronounced BRICE)
C&A	Child and Adolescent Services
Capacity	The maximum number of inpatient beds available in a given facility (hospital) or system.
CAPi or Child and Adolescent Psychiatric Institute	Annual child and adolescent training and networking opportunity provided by the department targeting psychiatrists working with children and adolescents.
CARES	Comprehensive Alabama Mental Health and Mental Retardation Information System
CARF	Rehabilitation Accreditation Commission (Formerly known as Commission on Accreditation of Rehabilitation Facilities).
CBT	Cognitive Behavior Therapy
CDR	Central Data Repository
Census	The total number of inpatients currently in a given facility (hospital) or system.
Certified Peer Support Specialist	Peers who themselves have a mental illness and work with consumers towards recovery. Certified means that they have taken a departmental training and passed a comprehensive written evaluation.
CHAMPUS	Civilian Health & Medical Program for the Uniformed Services
CHIP	Child Health Insurance Program
CM	Case Manager/Case Management
CMHC	Community Mental Health Center
CMS	Centers for Medicare and Medicaid Services.
CMS	Center for Mental Health Services
CoC	Continuums of Care
Co-morbidity	Having more than one illness, injury or disability at the same time.
CRNP	Certified Registered Nurse Practitioner
CSU	Crisis Stabilization Unit
DAG	Deaf Advisory Group
DBSA	Depression and Bipolar Support Alliance
DBT	Dialectal Behavior Therapy
DD	Developmental Disabilities
DDS	Disability Determination Services
DHR	Department of Human Resources/Child Welfare
DISC	Self Report Measure or evaluation. (Dominance, Influence, Steadiness and Conscientiousness)
DMH	Department of Mental Health
Doctor	Within the mental health setting, this is most commonly a psychiatrist.
DOC	Department of Corrections
DOE	Department of Education
DPH	Department of Public Health
DSM-IV	Diagnostic and Statistical Manual of Mental Disorders – 4th edition
DST	Deaf Service Team. An open meeting for anyone working in mental health and deafness related settings to come together as a method of sharing

	information.
Dual Diagnosis	An individual with mentally illness and substance abuse issues.
Duel Eligibility	Individuals who are entitled to Medicare Part A and/or B and are eligible for some form of Medicaid benefit.
DX	Diagnosis
DYS	Department of Youth Services/ State Juvenile Corrections
EBP	Evidence Based Practice
ECT	Electro Convulsive Therapy. A treatment for severe depression and sometimes for schizophrenia and mania. A convulsion is produced by passing an electric current through the brain.
EPSDT	Early and Periodic Screening, Diagnostic, and Treatment
Facility	Mental Illness (Hospital). Mental Retardation (Long term resident care). Substance Abuse (28 day program).
F-Map	Federal Medical Assistance Percentages. (FMAPs) are used in determining the amount of Federal matching funds for State expenditures for assistance payments for certain social services, and State medical and medical insurance expenditures.
Forensics	Issues that are medically and legally intertwined. Often signed “jail” in the Mental health setting.
Formulary	An approved list of prescription drugs, usually one which is considered to be useful or cost effective for patient care.
Full Fidelity PACT team	PACT team following the NAMI model
FY	Fiscal Year
GAF	Global Assessment of Functioning/GAF Score
GHRS Contract	Employee Contract (not full time employee, typically receives an hourly rate with no benefits.)
Greil	Greil Psychiatric Hospital (pronounced GRILL)
Group Home	Unlocked residential facility. (for both adult and children settings)
Harper Center	Mary Starke Harper Center-a geriatric facility in Tuscaloosa
HHS	Health and Human Services
HIPAA	Health Insurance Portability and Accountability Act
HUD	US Department of Housing & Urban Development
HX	History
ICF	Intermediate Care Facility.
ICM	Intensive Case Management.
ID	Intellectual Disabilities formerly MR-Mental Retardation Division
IDP	Indigent Drug Program
IDTX or DTX	Intensive Day Treatment Program
II	Interpreter Institute – 40 hour long training on Mental Health and Interpreting.
Index Crime	Crime that is the reason that the person is being evaluated.
Inpatient Services	Services provided within a hospital setting.
IOP	Intensive Outpatient Program
IST	Incompetent to stand trial.
JCAHO	Joint Commission on Accreditation of Healthcare Organizations. (former name) Officially and commonly referred to as Joint Commission.
Kidd	Alice Kidd Facility (Psychiatric Hospital)

LCSW	Licensed Clinical Social Worker
LGSW	Licensed Graduate Social Worker
LOS	Length of stay
LPC	Licensed Professional Counselor
Managed Care	A method of delivering health care for a set fee.
Maxximus	Medicaid Revenue Enhancement Agency
Medicaid	Medicaid is a state administered program and each state sets its own guidelines regarding eligibility and services. (Age, whether you are pregnant, disabled, blind, or aged; your income and resources, those who live in nursing homes and for disabled children living at home.)
MHA	Mental Health Authority
MHC	Mental Health Center
MHIT	Mental Health Interpreter Training
MHSIP	Mental Health Statistics Improvement Program
MI	Mental Illness
MICS	Mental Illness Coordinating Subcommittee
MICRS	Mental Illness Community Residential Placement System
MMPI	Minnesota Multiphasic Personality Inventory
MOM Apts	(Meals, Observation and Medication) Apartments ran on the model that individuals can live independently with monitoring and limited assistance.
Morbidity	The extent of illness, injury or disability in a defined population. Usually expressed in general or specific rates or incidence or prevalence rates.
MR	Mental Retardation
MRSIS	Mental Retardation Services Information System
MSE	Mental Status Exam
NAEH	National Alliance to End Homelessness
NAMI	National Alliance for Mentally Ill
NAMI-AL	National Alliance for Mentally Ill-Alabama Alabama Alliance for Mentally Ill
NARH	North Alabama Regional Hospital
NASMHPD (often fingerspelled NASMPHD)	National Association of State Mental Health Program Directors - Coordinating advocacy group for State mental health program directors.
NBCC	National Board for Certified Counselors
NCC	National Certified Counselor
NCST	Not competent to stand trial.
NGI	Alabama's indicator for NGRI
NGRI	Not Guilty by reason of insanity (newer term: Not guilty by reason of mental disease or defect).
MHA	Mental Health America
NICS	NRI Inpatient Consumer Survey System
NIDRR	National Institute on Disability and Rehabilitation Research
NIH	U.S. National Institutes of Health
NIMBY	"Not In My Back Yard." - Discriminatory attitude that inhibits implementation of a community program for individuals with serious disabilities.
NIMH	National Institute for Mental Health. - The federal institute that conducts and promotes research and public education regarding health issues. Part of the National Institutes of Health (NIH).

NOS	Not Otherwise Specified
NRI	National Research Initiative
ODS	Office of Deaf Services
Out patient Services	Services provided in the community.
P&A	Protection and Advocacy
PACT teams	Program of Assertive Community Treatment Program
PAP	Patient Assistance Program
Part D	Medicare Part D
Partlow	Mental Retardation facility located in Tuscaloosa, Alabama.
PATH	Projects for Assistance in Transition from Homelessness
PCP	Primary Care Provider
PDP	Patient Drug Program
PHI	Protected Health Information
PHP	Partial Hospitalization Program
PI	Performance Improvement (A department within MI)
Psychiatric Institute	Annual training and networking opportunity provided by the department targeting psychiatrists.
QA	Quality Assurance
QMB	Qualified Medicare Beneficiaries.
RCD	Regional Coordinator of Deaf Services
RDP	Rehabilitation Day Program
Rehab Option	Medicaid service which allows payment for services to help an individual rehabilitate.
Residential Services	Care given in a residential setting. Community based.
RFP	Response to bid for individuals contracting with the department for specified services.
RSA Building	RSA Union building where the central office (administrative) for the department is housed.
RTC	Residential Treatment Center – unlocked (within children’s settings, this specifically means a locked group home)
RX	Prescription medication
SA	Substance Abuse
SAMHSA	U.S. Substance Abuse & Mental Health Services Administration
S-CHIP	State Children's Health Insurance Program
Searcy	Searcy Hospital (pronounced SIR-SEE)
SED	Severely and Emotionally Disturbed
SHP	Supportive Housing Program
SIB	Self Injurious Behavior
SIR	Special Incident Reports
Smart Plan	Alabama governmental agency planning strategy. Each agency will identify its mission or purpose, multi-year goals, a vision for the future and a high level plan of how they will achieve the stated goals.
SMF	Secure Medical Facility. Forensics Unit. (Taylor Hardin)
SMI	Seriously mentally ill persons
SOAR	SSI/SSDI Outreach, Access and Recovery
SOC	Standards of Care-
Sole Source	Government contract for services awarded without a competitive bidding

Provider	process because there is judged to be no alternative provider.
SOMH	Signs of Mental Health – Office of Deaf Services Newsletter
SPMI	Severely persistently mentally ill persons
SSI	Supplemental Security Income
SSDI	Social Security Disability Income
Standards of Care	Community and inpatient standards of care with the Department of Mental Health continuum of care.
TA	Technical Assistance
Tarwater	J.S. Tarwater (MR Facility, closed)
TAS	Transitional Age Services
Taylor Hardin or THSMF	A forensics inpatient unit in Tuscaloosa. Often referred to as a secure medical facility. (Often signed TH)
TERPINFO	Interpreter and Deafness related Information. A yahoogroups listserv found at <a href="http://www.yahogroups.com">www.yahogroups.com</a> .
TIRS	Respite Care Task Force
TMAP	Texas Medication Algorithm Project (Designed to help guide psychiatrists in the prescription of psychotropic meds.)
Transformation Transfer Initiative Grant (TTI Grant)	SAMSHA initiative related to President's New Freedom Initiative.
Transitional Age	Ages 17-25
Tugg vs. Towey	Lawsuit that stated that interpreted therapy was not equivalent to therapy involving direct communication.
TX	Treatment
UR	Utilization Review
Wings	Consumer Group in Alabama. Wings Across Alabama.
Wyatt case	A landmark 30-year federal lawsuit involving the state of Alabama for longtime warehousing of patients without appropriate treatment.